

## Become a volunteer

There are so many ways to help – either virtually or in person – while also enhancing your transferable skills such as collaboration, community engagement, organizational and communications skills.

Opportunities range from responding to large- or smaller-scale disasters, supporting the emotional needs of those experiencing crisis or disaster, delivering presentations, providing administrative assistance, or doing community outreach.

For more information on opportunities, visit [www.redcross.ca/volunteer](http://www.redcross.ca/volunteer).

## Become a contributor

You can support the humanitarian work of the Red Cross in Saskatchewan, across Canada or around the world with a one-time donation or monthly contribution.

- » Call 1 (800) 418-1111
- » Visit [redcross.ca/donate](http://redcross.ca/donate)

Or work with our Saskatchewan team to create a local partnership tailored to your organizational or personal philanthropy objectives.

- » Call (306) 721-1600

### Connect with us:

**web:** [www.redcross.ca/saskatchewan](http://www.redcross.ca/saskatchewan)

**Twitter:** @RedCrossSK

**Facebook:** [www.facebook.com/redcrosscanada](http://www.facebook.com/redcrosscanada)

## Emergency Contact 1(888) 800-6493

### Personal Disaster Assistance

For those affected by personal disasters such as a house fire, the Canadian Red Cross may provide food, shelter, clothing and essential supplies for up to 72 hours.



## Contact Us

### Regina

2050 Cornwall St  
Regina, SK  
S4P 2K5  
(306) 721-1600

### Prince Albert

54 11th St E  
Prince Albert, SK  
S6V 0X9  
(306) 765-2600

### Saskatoon

443 2nd Ave N  
Saskatoon, SK  
S7K 2C1  
(306) 668-0720



# Serving Saskatchewan



Canadian Red Cross employees and volunteers in Saskatchewan engage with communities and individuals across the province to assist in emergency preparedness, response and recovery; to build on the strengths of communities to prevent violence, increase safety and wellbeing; and to provide a variety of training courses.

### » Emergency Management

Through proactively engaging local municipalities and Indigenous communities, the Red Cross supports the development of tailored preparedness planning, response and recovery in the face of events such as flooding, fires or disasters. Support may include shelter, client registration, safety and wellbeing support, food, clothing and family reunification services.

### » Violence Prevention

The Canadian Red Cross offers various violence prevention educational initiatives that build on the strengths of local communities to prevent violence, develop resiliency, and instill hope in children and families.

### » Swimming and Water Safety

For more than 65 years, our swimming and water safety programming has maintained a tradition of excellence. Through our innovative learn-to-swim continuum and extensive public education initiatives, the Canadian Red Cross helps develop healthy, positive attitudes and stay safe in, on and around water.

### » First Aid and CPR

Learn essential first aid, CPR and psychological first aid skills with our wide range of courses to meet every need, including programs for babysitters, employees, first responders, instructors and training partners. Courses are delivered in easy-to-follow steps, using practical hands-on components and a variety of training materials.

### » Friendly Phone Program

In Saskatchewan, the Red Cross matches trained volunteers with isolated seniors, providing new social connections through weekly phone calls.



## The Red Cross Principles

Humanity | Impartiality | Neutrality | Independence

Voluntary Service | Unity | Universality

The Canadian Red Cross is a non-profit organization and is a member of the International Red Cross and Red Crescent movement. The movement includes the International Committee of the Red Cross, more than 190 national societies and the International Federation of the Red Cross and Red Crescent.

